FUNCTIONAL HEALTH INSTITUTE

Monthly Newsletter

Tired of Feeling "Off"?

Let's Get to the Root Cause of Your Health Issues.

Your Health Shouldn't Be a Mystery. Let's Solve It–Together.

Are you frustrated with feeling tired, bloated, or just not yourself–even though your labs say you're "fine"? At the Functional Health Institute, Dr. Smitha Reddy takes a root-cause approach to uncover what's really going on beneath the surface. Dr. Reddy has helped hundreds of women and men reclaim their health through root-cause medicine – our FREE workshop is the first step to understanding how. Reserve Your Spot (Limited Seats Available!)

👉 <u>Register for the Free Workshop</u>

PERSONALIZED WELLNESS PLAN
YOU NEED!

JOIN DR. REDDY'S FREE WORKSHOP TO FIND OUT WHY

If you've been told "everything looks normal" but you know something's off, it's time to look deeper.

Join Dr. Smitha Reddy, MD, founder of the Functional Health Institute, for a free Functional Medicine Workshop that's changing the way people understand their health.

What You'll Learn:

- Why conventional lab work misses chronic issues
- The 3 biggest blocks to healing and how to remove them
- How food, inflammation, and gut health impact hormones, mood, and energy
- The Functional Medicine approach to reversing chronic symptoms naturally
- Real patient success stories + next steps to get started

We believe your body is telling a story. And we're here to help you listen.

Dr. Reddy combines science-backed functional medicine with personalized care to help you reclaim your energy, balance your hormones, and restore your vitality–naturally.

Now accepting new patients for personalized wellness plans.

- **Digestive Issues**
- **Thyroid & Hormonal Imbalances**
- **Chronic Fatigue & Brain Fog**
- **Weight Resistance & Metabolic Health**

READY TO FEEL LIKE YOU AGAIN?

Schedule your free discovery call with Dr. Reddy today and take the first step toward optimal health.

👉 Book Your Free Discovery Call Now

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