

AUTOIMMUNE DISEASES ...

When drugs are not enough to give your life back.....

Sleep Issues

Chronic Pain

Joint pain

Chronic Pain and
Fatigue

Weight Gain

Skin Rash



FUNCTIONAL HEALTH INSTITUTE

Please join us in our clinic at
15525 Pomerado Road, Ste E6, Poway, CA 92064.

To register for a workshop, email us at info@acrmed.com.

Dr. Smitha Reddy, MD

Functional Medicine MD, Rheumatologist, Researcher, Clinician

Dr. Reddy will share the latest scientific breakthroughs and methods for safely resolving chronic health conditions that prevent people from living fulfilling lives!

"I just started the program with Dr. Reddy and feel more energetic. I am now doing more house chores than ever before. I have stopped taking my pain medication. I have been eating more nutritious meals with no digestive problems.

- Alma. R

- 1. DISCUSS 5 FACTORS THAT MUST BE ADDRESSED TO RESOLVE CHRONIC AUTOIMMUNE CONDITIONS.**
- 2. Discuss the pillars of Autoimmunity.**
- 3. Learn how our genes and inflammation from Autoimmunity can affect your sleep cycle, digestion, and aging.**
- 4. Learn how addressing root causes can reverse autoimmunity**
- 5. LEARN how drugs do not make you healthier.**

858-312-1717

Email us at **info@acrmed.com** to reserve your spot to learn about autoimmunity, how to deal with chronic health issues, and personalized Functional Medicine Programs.